

Toddler Full Day Schedule

Ages 18–36 Months

Hours of Operation 7:30 AM – 5:30 PM

7:30–8:30 AM	Arrival Children arrive as teachers greet families, supervise play, and conduct health checks.
8:30 AM	Breakfast / Morning Snack A nutritious breakfast or snack, with children practicing self-help skills and daily routines.
9:00 AM	Outdoor Play & Exploration Gross motor play including sand play, climbing, and gardening exploration.
10:00 AM	Indoor Learning Centers Learning centers for art, sensory play, dramatic play, and manipulatives.
10:30 AM	Circle Time / Music & Story Songs, movement, fingerplays, and short stories that promote language and focus.
11:00 AM – 12:00 PM	Lunch & Transition to Nap A family-style meal emphasizing manners, independence, and socialization, followed by handwashing and diaper changes to prepare for rest.
12:00 PM	Nap / Rest Time Toddlers rest on mats; early risers may read or take part in quiet activities.
2:00 PM	Snack / Diapering Afternoon snack alongside toileting or diaper checks.
2:30 PM	Outdoor Play Group activities, sandbox play, and water play when weather allows.
3:30 PM	Indoor Centers / Small Groups Art, sensory bins, dramatic play, or fine-motor table toys.
4:15 PM	Closing Circle Songs, group reflection, and transition time for pick-up.
5:30 PM	Departure Learning play activities continue as families arrive for pick-up.